



**2021 EUROPEAN MASTERS WEIGHTLIFTING CHAMPIONS  
ALKMAAR - THE NETHERLANDS  
16 - 21 OCTOBER 2021**



**MEN START LIST**

Age Group	Body Weight (KG)	Best Total (KG)	Qualify Total (KG)	Nation	DOB	Lastname	Firstname	
M35	61	200	165	ESP	19/12/1983	Wee Palacios	Javier	
	67	191	176	ARM	08/10/1985	Isayan	Sargis	
		178	176	ITA	14/10/1985	FRATTARUOLO	MAURIZIO FILIBERTO	
		200	176	ARM	11/09/1983	Tamrazyan	Arsen	
		176	176	FRA	26/06/1985	BAUDRY	MARC	
	73	248	186	ITA	06/04/1986	CORDELLA	GIUSEPPE	
		223	186	GRE	26/05/1984	Diamantis	Efstathios	
		200	186	GBR	25/09/1985	Dougan	Neil	
		196	186	NED	04/08/1982	Asrian	David	
		191	186	NED	04/08/1984	Leutscher	Kevin	
		81	270	197	ARM	23/12/1986	Karapetyan	Rostam
	220		197	GER	22/08/1984	Schmidt	Christian	
	218		197	FRA	12/04/1986	ricciardella	angelo	
	206		197	ESP	05/09/1986	MARTINEZ MORENO	MANUEL	
	200		197	GER	25/03/1983	Radschinsky	Bernd	
	200		197	FIN	12/12/1983	Witting	Anders	
	197		197	DEN	09/10/1983	Mikkelsen	Anders Frodo Stegmann	
	89		290	207	GER	07/05/1985	Burkhardt	Steve
		284	207	GER	17/09/1982	Hertrampf	Björn	
		253	207	FRA	16/05/1985	Poirier	Mathieu	
		237	207	FRA	16/12/1985	Poupet	Rémy	
		234	207	SUI	09/11/1986	Vuilleumier	Joël	
		232	207	GER	31/12/1984	Laska	Peter-Paul	
		230	207	CZE	25/06/1983	Kovač	Dušan	
		221	207	POL	21/10/1983	GAŚIOR	BŁAŻEJ	
		214	207	ESP	02/02/1985	Hermo Alfano	Esteban Roberto	
		213	207	DEN	06/11/1982	Bøge	Jesper nymann	
		210	207	FRA	02/10/1985	Marchand	Antoine	
		210	207	ITA	14/10/1984	BARILLARO	FABIO MARIA	
		96	320	214	GER	28/12/1986	Schweizer	Kevin
			300	214	POL	03/12/1986	BIEGA	TADEUSZ
	245		214	FRA	07/08/1985	MONIER	Bruno	
	102	287	219	NOR	02/03/1984	Hagelund	Ørjan	
		282	219	NED	28/06/1985	Brouwer	Dirk	
		235	219	DEN	09/09/1982	Gudnitz	Morten	
		230	219	ITA	15/10/1982	GIUSEPPE RICCARDO	CAUDULLO	
	109	360	211	AUT	14/09/1986	Martirosjan	Sargis	
		270	211	EST	28/09/1984	Kägo	Riho	
	109+	300	211	POL	07/02/1984	Dueskau	Karol	
		293	218	ITA	20/06/1985	CASTELLI	ALESSANDRO	
		267	218	DEN	02/01/1982	Buth	Michael	
		256	218	UKR	30/10/1982	Oriekhov	Andrii	
255		218	GBR	28/12/1983	Bagutiu	Mihai		
<b>M35</b>								
M40	61	178	156	POR	19/10/1977	Brás	Alexandre	
	67	190	166	ESP	12/10/1978	Muniain Azcona	Mikel	
		186	166	UKR	26/02/1980	Kocherzhenko	Oleksandr	
	73	192	176	ISR	19/05/1981	Ehrenwald	Yair	
		190	176	FIN	12/01/1979	Carlsson	Lars	

81	252	186	NOR	15/06/1978	Matnisdal	Ronny
	246	186	LTU	23/02/1981	Kolesnikovas	Maksimas
	240	186	ESP	14/06/1981	Delgado Miguel	Alejandro
	233	186	ITA	13/09/1979	BARDINI	MASSIMILIANO
	216	186	POL	24/03/1979	Paterek	Przemyslaw
	202	186	SUI	26/09/1979	Schüle	Andreas
	197	186	NOR	03/05/1977	Enger	Fredrik
	197	186	POL	29/10/1979	ROZNOWSKI	MICHAL
	213	186	NED	03/11/1981	Tankink	Rob
	193	186	GER	23/12/1977	Nicol	Ron Marco
	188	186	NOR	20/11/1978	Grønland	Robert
	118	186	ESP	25/03/1980	MENDEZ	DIEGO
	89	262	195	GER	30/01/1977	Schiller
237		195	ITA	26/01/1977	BERNARD	XAVIER
221		195	ESP	20/12/1980	Rosa	Raimon
221		195	ESP	23/05/1979	Lorenzana García	Alejandro
220		195	SVK	15/03/1977	Kupčo	Juraj
220		195	GRE	01/10/1978	Theodoros	Charalampidis
215		195	FIN	29/08/1977	Viitala	Ilpo
205		195	FRA	13/01/1979	GIANNOTTI	Sylvain
200		195	LTU	17/06/1977	Siminejev	Dmitrij
196		195	GBR	15/07/1977	Khan	Muhammad
196		196	NED	27/02/1981	Poortvliet	Martijn
195		195	AUT	13/05/1979	Rüdisser	Daniel
96		280	202	UKR	12/06/1979	Letuchyi
	260	202	GER	22/06/1980	Donsbach	Patrick
	258	202	SUI	09/12/1977	Stirnemann	Lukas
	230	220	ALB	18/09/1977	LEKA	KRESHNIK
	224	202	FRA	30/03/1978	Caille	Yoann
102	216	202	ESP	28/04/1981	Felipe Peris	Iván
	300	207	FRA	26/04/1981	Bouly	Kevin
	230	207	HUN	11/06/1981	Trényi	Imre
	230	207	POL	27/07/1981	Borecki	Artur
	228	207	FRA	30/01/1980	LAUGIER	SEBASTIEN
109	222	211	SWE	21/10/1980	Gustafsson	Andreas
	213	211	AUT	19/08/1981	Kraxner	Christian
	198	211	ESP	05/05/1978	MARTINEZ CURTO	AGUSTIN TADEO
109+	240	218	EST	08/06/1977	Kuningas	Erik
	240	218	SUI	20/10/1978	Pauli	Daniele
	232	218	GER	20/04/1977	Schroeder	Jan

**M40**
**M45**

67	220	157	IRL	03/05/1976	Healy	Wayne	
	210	157	ITA	20/09/1976	CIPRINI	ALESSANDRO	
73	208	165	POL	09/11/1974	Pazur	Rafal	
	205	165	FRA	13/09/1974	LE VIENNESSE	STEPHANE	
	178	165	GBR	27/07/1976	Langdon	Grant	
	170	165	GER	18/02/1974	Leiniger	Andreas	
	230	175	GRE	21/05/1974	MOUSKAFIDIS	ALEXANDROS	
81	225	175	DEN	19/09/1974	Bærentsen	Ronni	
	220	175	GER	25/01/1973	Konstantinov	Konstantin	
	208	175	GBR	11/07/1975	Holt	Aaron	
	205	175	FRA	08/12/1973	Heshmati	Sohrab	
	204	175	FRA	28/07/1973	Bossian	David	
	188	175	CZE	12/11/1976	DZINGEL	DALIBOR	
	184	175	FRA	10/02/1975	PRADA PRADA	Jonathan	
	180	175	GRE	28/08/1976	LIOULIAS	CHARALAMPOS	
	175	175	FRA	22/11/1975	EL EMARY	ALI	
	89	240	184	SWE	15/08/1976	Kronberg	Robert
		233	184	GER	04/01/1974	Wiszenziak	Markus
230		184	HUN	08/03/1975	Laszlo	Nyiri	

	215	184	POL	17/11/1972	Smykacz	Tomasz
	215	184	FRA	02/04/1973	Remond	David
	210	184	ESP	18/06/1975	Borras	Diego
	210	184	FRA	17/03/1972	MORO	WILFRID
	206	184	GBR	14/10/1976	Simpson	Karl
	198	184	FIN	14/11/1975	Wasenius	Niklas
	190	184	DEN	05/11/1973	Schmidt-lund	Henrik
	184	184	SVK	05/07/1974	Medo	Marcel
96	250	190	UKR	16/12/1976	Hukasian	Artur
	225	190	POL	23/09/1973	Warchałowski	Grzegorz
	215	190	GER	05/07/1973	Elspaß	Swen
	215	190	GRE	09/01/1973	Moraitis	Christos
	212	190	GER	07/03/1972	Bauer	Markus
	210	190	AUT	21/03/1972	Diem	Rudolf
	210	190	SVK	07/01/1973	Muranko	Róbert
102	270	195	RUS	29/07/1975	Ivanov	Dmitry
	260	195	NOR	30/03/1976	Aadland	Børge
	240	195	GBR	16/07/1976	Bluff	Nigel
109	220	199	GER	07/08/1976	Nikulka	Steffen
	209	199	CZE	23/07/1975	Špidlík	Antonin
	205	199	DEN	02/03/1974	Peluffo	Luis
	215	199	ESP	17/11/1972	Segui	Juan
	0	199	DEN	18/09/1974	Prehn	Thomas
109+	290	205	RUS	25/09/1972	Sushchak	Vladimir
	270	205	AUT	13/02/1973	Aliev	Sultan
	250	205	GER	23/03/1976	Winkler	Nikolai
	240	205	AUT	29/05/1972	Trnka	Roland
	215	205	FIN	07/06/1976	Ruoti	Riku

M45

M50

55	155	127	ESP	24/11/1968	Farfan	Josue
	148	127	GBR	27/06/1969	brooks	tony
61	144	138	BEL	08/12/1970	Jean-Paul	Ferrari
67	185	147	GER	17/05/1969	Wirth	Heiko
	160	147	SUI	20/09/1967	Kern	Urs
73	210	155	FRA	10/09/1967	Le Ruyet	Patrice
	200	155	GER	25/03/1967	Rüdiger	René
	200	155	SVK	31/12/1969	Janiček	Peter
	194	155	FRA	13/09/1971	Busques	Emmanuel
	183	155	TUR	06/04/1971	Demirtaş	Murat
	165	155	POL	26/04/1968	Kubka	Radoslaw
	155	155	IRL	23/01/1968	Carroll	Peter
	155	155	ITA	26/06/1967	MANTOVANI	MASSIMILIANO
81	215	164	SVK	09/02/1971	Németh	Vincent
	215	164	UKR	15/05/1967	Bezuhlyi	Iurii
	210	164	GER	12/01/1970	Neitzel	Yves
	185	164	POR	16/12/1969	Bombas	Jorge
	183	164	NOR	22/08/1967	Gjervan	Torstein
	166	164	DEN	28/03/1968	Rømer	Kent
89	220	172	SVK	14/06/1969	Olexa	Lubomír
	186	172	DEN	05/01/1969	Banke	Peter
96	227	178	FIN	18/11/1968	Rättyä	Keijo
	215	178	UKR	02/04/1968	Ivashchenko	Volodymyr
	195	178	FRA	26/04/1970	EMMANUEL	CHEVILLOT
	188	178	NOR	12/06/1969	Grønlien	Lars-Thomas
	178	178	DEN	28/09/1970	Nielsen	Alex
102	255	182	GER	05/04/1971	Rosengart	Oliver
	240	182	EST	03/10/1971	Zarubin	Aivar
	230	182	FRA	28/11/1970	sahraoui	kamel
	218	182	SWE	15/08/1971	Persson	Rickard
109	260	187	UKR	19/09/1971	Hal	Mykhailo

		250	187	UKR	04/03/1970	Tomchenko	Ihor
		210	187	SWE	29/11/1968	Lönnerberg	Joachim
		200	187	NOR	12/01/1967	HERFJORD	JØRAN
		193	187	NOR	02/07/1968	Rønnevik	Dag
	109+	195	192	GBR	18/04/1970	English	David
		192	192	GRE	27/10/1967	TZIMAS	DIMITRIOS
<b>M50</b>							
<b>M55</b>	61	165	119	GER	29/08/1962	Wagner	Andreas
	67	152	127	GER	30/04/1962	Götze	Tino
		140	127	FRA	28/08/1964	Fiette	Laurent
		129	127	NED	28/07/1965	van Gelderen	Stef
		73	179	134	GER	13/03/1965	Rohland
	166		134	NED	09/11/1966	Witteveen	Jan
	162		134	FRA	09/03/1965	Dumeige	Christophe
	160		134	GER	07/11/1965	Beuthling	Volker
	145		134	NED	12/12/1962	Bruijnen	Tom
	81	205	142	SWE	04/09/1966	Barkentin	Johan
		197	142	GER	25/12/1965	Branke	Michael
		191	142	GER	26/11/1966	Klingschat	Ralf
		190	142	POL	08/05/1965	Rutkowski	Bogdan
		186	142	POL	22/06/1966	Rutkowski	Jarosław
		171	142	FIN	27/08/1966	Muttillainen	Jyrki
		160	142	AUT	09/08/1962	Messner	Manfred
		156	142	HUN	19/07/1965	Bán	József
		152	142	HUN	23/02/1964	Béla	Bachmann
		143	142	ESP	17/10/1963	RODRÍGUEZ CORTÉS	JOSÉ IGNACIO
	89	110	142	IRL	05/03/1963	Byrne	David
		208	149	HUN	01/06/1964	Rosanics	Péter
		200	149	RUS	09/05/1966	Starikov	Oleg
		180	149	POL	24/05/1965	Skuzza	Dariusz
		156	149	ESP	26/07/1965	Prats Pastor	Jose Miguel
		155	149	SWE	01/10/1963	Hultman	Mats
	96	150	149	GER	22/10/1962	Preißner	Roland
		182	154	GER	14/07/1966	Andreatta	Rene
		160	154	POL	05/03/1965	KUCZYŃSKI	LESZEK
		158	154	HUN	14/08/1964	József	Lipkovics
	102	158	154	SUI	13/09/1962	Bart	Philippe
		165	158	MON	27/05/1962	ERIC	BATTAGLIA
	109	200	161	GER	14/05/1965	Brettschneider	Uwe
		200	161	SWE	17/11/1964	Norberg	Henrik
	109+	177	161	AUT	16/06/1964	Schinhan	Roman
		220	166	GER	02/09/1966	Braun	Juergen
		210	166	GER	06/08/1966	Hagedorn	Wilfried
		185	166	GER	19/06/1966	Kaiser	Oliver
<b>M55</b>							
<b>M60</b>	55	115	101	FRA	19/01/1958	LARGET	Charles
	61	63	109	POR	20/01/1960	Santos	João
		50	109	POR	11/12/1958	Duarte	António
	67	142	116	FRA	04/12/1957	BELLI	Alain
	73	150	123	GER	06/01/1961	Kusterer	Andreas
		140	123	GER	01/10/1957	Kopf	Jürgen
		134	123	FRA	10/06/1960	Babin	Patrick
		123	123	BEL	19/05/1957	BERTRAND	MICHEL
	81	195	130	GER	17/04/1959	Pagels	Michael
		177	130	ALB	20/04/1960	Psatha	Besnik
		160	130	NOR	04/09/1961	Gulvik	Terje
		160	130	ITA	03/12/1960	PODDA	GIOVANNI
	89	215	136	SWE	01/05/1959	Rudberg	Tomas
		205	136	GER	24/09/1961	Worm	Holger
		185	136	GBR	31/07/1961	Jones	Brynley

		132	136	FRA	08/07/1957	Moreno	Gérard
		160	136	POL	29/05/1959	Życzkowski	Miroslaw
		142	136	GER	02/03/1961	Seyffer	Volker
	102	207	144	NOR	31/05/1959	hestmann	geir
		196	144	HUN	09/04/1958	Gyolcsos	Ferenc
		170	144	FRA	11/03/1960	MANFRIN	IGOR
	109	200	148	ISR	26/12/1959	Tolkachov	Michael
		165	148	CZE	02/09/1958	Pliska	Ladislav
<b>M60</b>							
<b>M65</b>							
	61	135	94	BLR	07/06/1953	Lavrov	Anatoliy
		107	94	FRA	28/05/1956	PEDROLA	Jean-Marc
	73	160	106	GER	01/11/1954	Herberg	Harald
		92	106	IRL	02/01/1956	Brown	Colm
	81	169	113	GER	30/12/1955	Förster	Klaus
		134	113	NED	07/06/1955	Van der Meulen	Friso
		130	113	RUS	09/06/1955	Iusupov	Boris
		120	113	NED	28/02/1953	Meijer	Paul
	89	180	118	GER	11/01/1953	Simon	Johann-Peter
		125	118	CZE	24/03/1953	Pech	Miloslav
		125	118	POR	24/07/1953	Sousa	João
	96	160	122	FRA	22/04/1956	krettly	marc-antoine
		146	122	IRL	21/01/1955	Kelly	Claude
		130	122	GER	11/12/1954	Rast	Jörg
	102	100	125	POL	03/04/1952	Stec	Wieslaw
	109	170	128	GER	27/05/1956	Ludwig	Johann
		140	128	FIN	13/04/1955	Kasanen	Heikki
	109+	195	132	ARM	26/06/1955	Khudoyan	Vahram
		160	132	SWE	14/08/1953	Hinrichsen	Jan
		143	132	GER	02/02/1953	Katzula	Reiner
<b>M65</b>							
<b>M70</b>							
	55	104	74	UKR	27/10/1951	Lagunov	Iurii
		95	74	FRA	05/01/1951	VICENTE	François
	61	84	80	POL	29/07/1951	WICHAN	RYSZARD
	67	142	86	AUT	11/06/1951	Anglberger	Johann
	73	159	91	FRA	27/11/1950	CHAVIGNY	Roland
		158	91	GER	04/11/1951	Greiner	Jürgen
		132	91	GER	25/08/1948	Kirchenbauer	Peter
		114	91	CZE	04/11/1951	VYBÍRAL	JOSEF
		110	91	SWE	02/02/1949	ask	morgan
	81	160	96	GER	27/02/1950	Bücherl	Kurt
		145	96	GER	30/09/1948	Dumm	Adelbert
		140	96	EST	07/09/1949	Sosnovski	Anatoli
		122	96	DEN	15/10/1949	Lenett	Erik
		120	96	POL	21/01/1947	Makowski	Zbigniew
	89	200	101	POL	07/06/1951	Szczęsny	Witold
		125	101	CZE	03/03/1949	Goldman	Jiří
	102	140	107	POL	17/08/1947	Ejsmont	Józef
		128	107	FRA	28/05/1949	BELMAS	JEAN-PAUL
		120	107	FRA	20/11/1950	DESPECHE	GERARD
<b>M70</b>							
<b>M75</b>							
	61	95	70	CZE	18/02/1946	Helebrant	Jan
		77	70	AUT	08/09/1942	Grieshofer	Franz
	67	90	74	NED	30/10/1946	van Woerkom	Henk
		77	74	IRL	05/05/1942	Caball	Billy
	73	125	79	POL	01/02/1942	Kowalewski	Piotr
		110	79	ISL	03/10/1945	Kormilkin	Yiru
		110	79	ISR	03/10/1945	Kormilkin	Yury
		102	79	NOR	30/10/1944	Sagmyr	Kåre
	89	140	87	ISR	06/09/1942	Grygoryan	Martin
		123	87	FRA	05/08/1944	Jean-Pierre	BRUNET

		111	87	FRA	28/11/1944	LEBAILLY	Pierre
		100	87	RUS	13/12/1944	Arbatskiy	Boris
96		145	90	POL	18/12/1944	Dueskau	Henryk
		131	90	FIN	07/02/1945	Tiainen	Risto
		115	90	GER	17/04/1943	Schuessler	Walter
		115	90	NOR	17/09/1945	Vårvik	Reidar
		110	90	GER	20/12/1946	Graf	Josef
	102	120	92	NOR	13/12/1943	Bjerkholt	Ole Kolbjørn
109		155	95	GER	05/10/1946	Schröder	Manfred
		151	95	NOR	04/06/1944	Nystrøm	Jan Olav
		95	95	CZE	20/06/1946	Krátký	Antonín
<b>M75</b>							
M80	61	58	58	POR	16/03/1940	Fonseca	Silvestre
	67	96	62	GER	11/03/1940	Faber	Friedrich
	73	116	66	ISR	04/07/1941	Gimmelshtein	Jacob
		70	66	RUS	08/05/1940	Nedvetskiy	Mariyan
	81	130	69	BEL	30/12/1941	Lazou	Jozef
		123	69	CZE	22/04/1941	Kukučka	Jan
	89	97	73	GER	21/02/1937	Kuhn	Heinz Friedrich
		95	73	DEN	27/12/1939	Petersen	Preben
		82	73	FIN	16/03/1941	Salo	Pekka
	96	114	75	GER	21/02/1940	Jooss	Horst
		85	75	FRA	28/06/1939	Ortiz	François
		98	77	CZE	22/03/1940	Pastyřík	Miloš
<b>M80</b>							
M85	61	55	52	RUS	31/01/1931	Zubov	Vasilii
	55	55	52	RUS	14/06/1934	Busygin	Jurii
	89	85	62	UKR	05/07/1930	Baziuchenko	Petro

